



Block of the Month

# April

We are going to chat all about new beginnings this month. As Lucy and I recorded the video for this month we really thought about how we started sewing and why it is now something we can't imagine not having in our lives.

It is a popular theme on the Modern Sewciety podcast to hear others say they started sewing when they had children. I fall into this category myself. I did sew off and on before then but I didn't get serious until my daughter was born. I knew I wanted to try to make her frilly dresses like my mom made me. It was the beginning of blogging so I tried making everything I could find a tutorial on. It helped me to learn what I liked to make and what I really loved about the process.

I also really think that sewing brought something to my life that I don't know I would have found on my own, my own creative voice. I didn't know that I was creative. I always said I wasn't artistic growing up because drawing was never something I excelled at. But when I started sewing it opened up my eyes and heart to a whole new me. An artistic me. It was a me that wasn't connected to anything else in my life which meant there were no expectations. I was just free to be creative. Think back to the time where you fell in love with sewing and remember how it made you feel. Maybe you have lost that feeling. Maybe you haven't thought about how sewing makes you feel at all. Maybe the reminder of why you are a creative will inspire you to enjoy the process more!

**WANNA KNOW MY TAKE ON THIS?  
WATCH HERE!**

**Share on social media #ModernSewcialitesBOM**

## THE DETAILS

- Read through all instructions first before beginning the project
- All seam allowances are 1/4"
- RST = right sides together
- Completed block measures 12½" square (for a single block) or 20½" square (for the quilt)



# Let's Make a Block

## Fabric Requirements

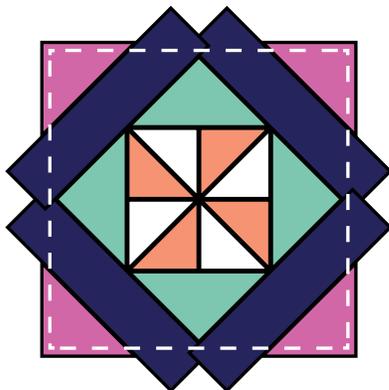
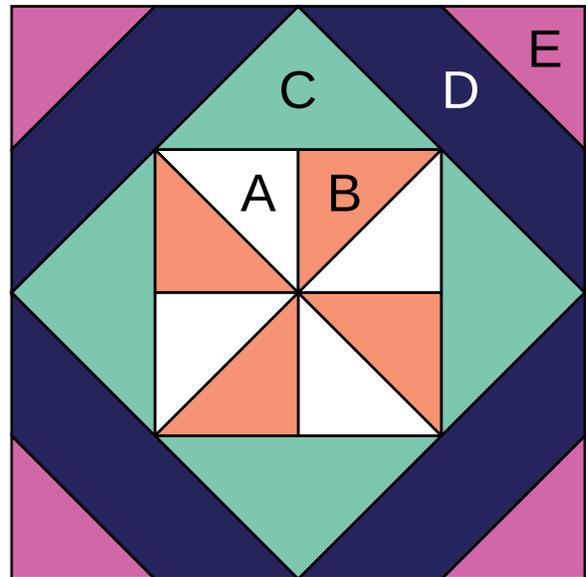
- Pinwheel, Pinwheel Setting & Outer Corners (A, B, C, E) :: 10" Squares or Fat Quarters
- D :: Fat Quarter

## Cutting Instructions

- A, B - (2) 4" squares cut in half diagonally
- C - 7 $\frac{1}{4}$ " square cut in half diagonally both ways to create 4 triangles
- D - (4) 2 $\frac{3}{4}$ " x 9 $\frac{3}{4}$ "
- E - (2) 4" squares cut in half diagonally

## Instructions

1. Create 4 Half Square Triangle (HST) units from A & B. Press towards the darker fabric. Trim to 3 $\frac{1}{2}$ ".
2. Sew HSTs together matching color placement on diagram to make the pinwheel.
3. Attach C to Pinwheel unit sewing opposite sides first, pressing towards C. Repeat on opposite sides.
4. Fold D in half long ways to find and mark centers. Line center of D up with pinwheel points and sew working on opposite sides.
5. Find center of E and pin to center of D. Sew. Repeat on all 4 corners. It will look odd but will work out when you trim it.
6. Trim to 12 $\frac{1}{2}$ ".



**Watch me  
make the block**

I made a video for YOU  
showing my tips and tricks!



# Let's Make a Quilt

## Fabric Requirements (for 4 blocks)

- Pinwheel & Outer Corners (A, B, E) ::  $\frac{1}{2}$  yd
- Pinwheel Setting (C) ::  $\frac{3}{4}$  yd
- Dark Bands (D) :: 1 yd

## Cutting Instructions (per block)

- A, B - (2) 6" squares cut in half diagonally
- C -  $11\frac{1}{4}$ " square cut in half diagonally both ways to create 4 triangles
- D - (4)  $4\frac{1}{4}$ " x  $15\frac{1}{2}$ "
- E - (2) 6" squares cut in half diagonally

## Instructions

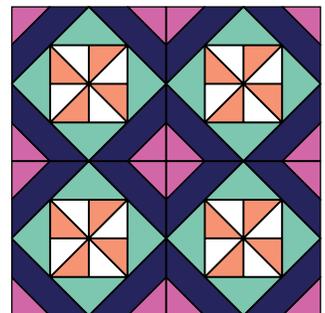
I upsize the block to 20" for an easy let's make a quilt!

Using the larger pieces described above, follow the same process to make each block with these changes:

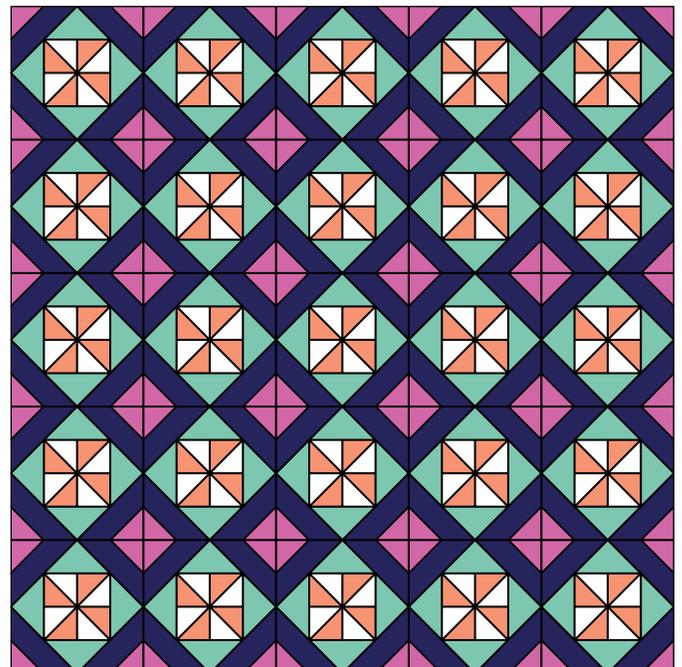
1. Trim 4 HST units to  $5\frac{1}{2}$ ".
2. Trim finished block to  $20\frac{1}{2}$ ".

You can make any size quilt easily with big blocks!

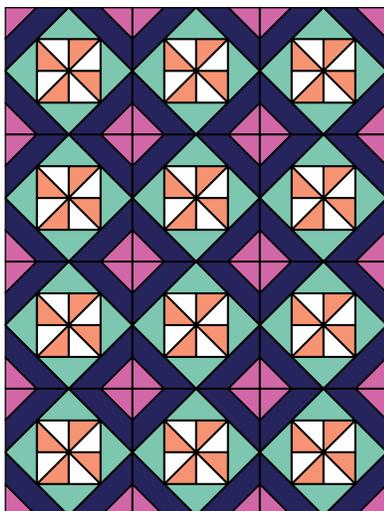
40" x 40"



100" x 100"



60" x 80"





RECIPE

April

## Fruit Dip

When I got married I had a bridal shower called a pounding. The guests are supposed to bring you things for your kitchen like a pound of sugar, a pound of coffee, etc. It doesn't always work quite so literally though. At my shower each person brought a recipe with a gift for the kitchen. This recipe has always been a favorite from that day.

- 1 tsp. lime juice
- 1 tsp. lime zest
- 1/3 c milk
- 1/2 c sour cream
- 1 pkg. regular vanilla pudding
- 1 8oz. can crushed pineapple
- 1/2 c sweetened, flaked, and toasted coconut

Mix together milk, sour cream, and pudding. Add in pineapple, coconut, lime juice and zest and stir until combined.

Refrigerate for at least 30 mins. Can be made a day in advance.



PODCASTS

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# April

## **BOM Podcast - Karen from DIY Addict**

[LISTEN HERE](#)

## **April Bonus Podcast**

Charcoal Soap - they don't carry the patchouli version but they do have an unscented version.

Mom's Stuff Day and Night Salve

Slime kit from Michaels - (found on amazon)

AMG Sweet Dreams bundle

Sulky Stabilizer

[LISTEN HERE](#)